



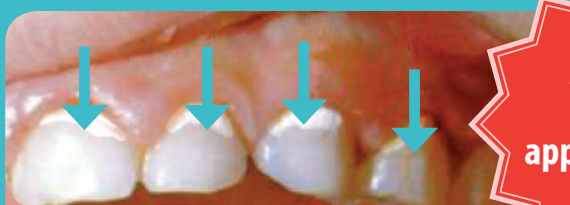
Check your child's teeth

LIFT *the LIP* *and look inside*

Look for early signs of tooth decay once a month



Healthy teeth



White lines along the gum line

Make a dental appointment now



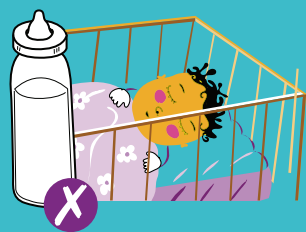
Brown or yellow spots that don't brush off

Make an URGENT dental appointment

Talk to your Dentist or Nurse about your child's teeth

Keep your child's teeth healthy with 3 easy steps

1
Step



Put your baby to bed without a bottle

2
Step



Offer water from a cup at around 6 months of age

3
Step



Start brushing when your baby gets their first tooth